

BANK TIMETABLE



DAY	6AM	7AM	8AM	9AM	10AM	11AM	12PM	1PM	2PM	4PM	5PM	6PM	7PM
Monday	SGPT SWEAT	SGPT	SGPT HYBRID	SGPT	SGPT	SGPT	SGPT SWEAT			SGPT	SGPT	SGPT HYBRID	SGPT
Tuesday	SGPT	SGPT SWEAT	SGPT	SGPT	SGPT	SGPT	SGPT	SGPT HYBRID	SGPT	SGPT	SGPT	SGPT	SGPT SWEAT
Wednesday	SGPT HYBRID	SGPT	SGPT SWEAT	SGPT	SGPT	SGPT	SGPT HYBRID	SGPT		SGPT	SGPT	SGPT SWEAT	SGPT
Thursday	SGPT	SGPT HYBRID	SGPT	SGPT	SGPT	SGPT	SGPT	SGPT SWEAT	SGPT	SGPT	SGPT	SGPT	SGPT HYBRID
Friday	SGPT	SGPT	SGPT SWEAT	SGPT	SGPT	SGPT	SGPT HYBRID	SGPT	SGPT	SGPT	SGPT	SGPT	
Saturday			SGPT	SGPT SWEAT	SGPT HYBRID	SGPT	SGPT STRONG						